

# Brecwastau

# Breakfasts



# 2026

## Ynys Môn/Anglesey

**Sadwrn/Saturday Ionawr/January 24**  
Clwb Rygbi Llangefni Rugby Club  
9.30yb/am - Hanner dydd/Noon

## Caernarfon

**Sadwrn/Saturday Ionawr/January 17**  
Canolfan y Fron, Y Fron, Caernarfon

**Sul/Sunday Ionawr/January 18**  
Capel Pencaenewydd Chapel, Pwllheli

**Mercher/Wednesday Ionawr/January 21**  
Siop Fferm Abersoch Farm Shop

**Gwener/Friday Ionawr/January 23**  
Dylasau Uchaf, Padog, Betws y Coed

**Gwener/Friday Ionawr/January 23**  
Caffi Mart Bryncir, Bryncir, Garndolbenmaen  
8yb/am - Hanner dydd/Noon

## Ceredigion

**Mawrth/Tuesday Ionawr/January 20**  
La Calabria, Ffostrasol, Llandysul

**Mercher/Wednesday Ionawr/January 21**  
Neuadd Felinfach Hall, Felinfach

**Gwener/Friday Ionawr/January 23**  
Canolfan Mynach Hall, Devils Bridge  
8yb/am - 11.30yb/am

## Gwent

**Iau/Thursday Ionawr/January 22**  
Marchnad da byw Sir Fynwy/Monmouthshire  
Livestock Market  
8yb/am - Hanner dydd/Noon

## Sir Drefaldwyn/Montgomeryshire

**Sadwrn/Saturday Ionawr/January 17**  
Caffi Dyffryn Café, Y Foel

**Sadwrn/Saturday Ionawr/January 24**  
The Wynnstay Inn, Llansilin,  
Croesoswallt/Oswestry  
9yb/am - Hanner dydd/Noon

## Caerfyrddin/Carmarthen

**Mercher/Wednesday Ionawr/January 21**  
Neuadd Pumsaint Community Hall

**Iau/Thursday Ionawr/January 22**  
Neuadd Pontyates Welfare Hall

**Gwener/Friday Ionawr/January 23**  
The Forest Arms, Brechfa  
8yb/am - 11yb/am

## Dinbych a Fflint/Denbigh & Flint

**Llun/Monday Ionawr/January 19**  
Y Bocs Bwyd, Pentrefoelas

**Mercher/Wednesday Ionawr/January 21**  
Neuadd Llanefydd Village Hall

**Sadwrn/Saturday Ionawr/January 24**  
Neuadd Rhosesmor Village Hall  
9yb/am - 11yb/am

## Morgannwg/Glamorgan

**Iau/Thursday Ionawr/January 15**  
Clwb Rygbi Pencoed Rugby Club,  
Pen-y-Bont/Bridgend  
6.30yh/pm

## Meirionnydd

**Mawrth/Tuesday Ionawr/January 20**  
Y Sospan, Dolgellau

**Sadwrn/Saturday Ionawr/January 24**  
Clwb Golff Bala Golf Club  
8.30yb/am - Hanner dydd/Noon

## Sir Benfro/Pembrokeshire

**Gwener/Friday Ionawr/January 23**  
Pelcomb Inn, Pelcomb Cross,  
Hwlfordd/Haverfordwest  
8.30yb/am - 11yb/am

Cysylltwch â'ch swyddfa sirol leol am rhagor o wybodaeth.  
Contact your local county office for further details.